modified Motion Sensitivity Test **Date_____**

- All movements are done in standing, eyes are open, in front of a plain wall
- Symptoms must to return to baseline before the next movement is performed
- Tester records the <u>change</u> of intensity from baseline, then after the movement is completed

Intensity 0-10 Duration <5 s =0 Score = Intensity + Duration
0 = none 5-10 s =1
10 = severe 11-20s =2
21-30s =3
>30 s =4

Baseline Symptoms = _____

MOVEMENT	Intensity	Duration	Score
1. 5x Horizontal head turns			
2. 5x Vertical head turns			
3. 5x Right diagonal head turns (upper left down to right)			
4. 5x Left diagonal head turns (upper right down to left)			
5. 5x Trunk Bends (bending knees reaching to floor)			
6. 5x Right quarter body turns (Look over right shoulder with trunk rotation, feet planted)			
7. 5x Left quarter body turns (Look over left shoulder with trunk rotation, feet planted)			
8. 1x 360 degree turn to right			
9. 1x 360 degree turn to left			
10. 5x VOR cancellation (follow thumbs horizontally with head/trunk rotation X45 degrees each way)			
Total score			

mMSQ = Total score x (# of positions) / 14.00
_____ X _____ /14.00

MSQ = _____
0-10 mild range
11-30 moderate
31-100 severe